



COMMUNITY RESOURCES

Non-commercial Health Ins. options

- **AFFINITY HEALTH PLAN**
Contact: Jessy Pineda
P: (516) 779-3010
[Email: Jpineda@affinityplan.org](mailto:Jpineda@affinityplan.org)
Website: www.AffinityPlan.org
- **FIDELIS CARE NY**
Contact: Anais Rodriguez
P: (631) 358-9238
Website: www.Fideliscare.org
- **HEALTHFIRST NY**
Contact: Edith Majano
P: (347) 331-5750
[E-mail: emajano@healthfirst.org](mailto:emajano@healthfirst.org)
Website: www.healthfirst.org
- **UNITED HEALTHCARE COMMUNITY PLAN**
Contact: Brian Mastarreno
P: (347) 220-9008
Website: www.UHCCommunityPlan.com

Transportation Services

- **MEDICAID TRANSPORTATION:**
Persons with an active case and a medical need and with no means of transportation may get help with transportation to and from health care providers (doctor, clinic, hospital, etc.). All non-emergency trips require prior approval and must be requested **at least 3 days prior** to the date of the trip. **Call 1 (844) 678-1103 to arrange transportation.**

Effective December 1, 2015, Managed Care plans (Affinity, Fidelis, Healthfirst, UnitedHealthCare Community Plan) will no longer provide Non-Emergency Medical Transportation as part of their benefit package. As of December 1, 2015, persons enrolled in Managed Care plans and in need of Non-Emergency Medical Transportation must call the number above.

Parenting Resources

- **FAMILY SERVICE LEAGUE**
Family service League has offices all over Suffolk County. Their Healthy Family goal is improve child health and growth, support better parent-child relationships, and improve the way a family functions on its own. Their parenting classes are in both English and Spanish. They also have court ordered classes. There is a program for grandparents or other guardians raising children. P: 631-369-0104; Website: www.fsl-li.org
- **LONG ISLAND PARENTING INSTITUTE (LIPI)**
Offers parenting classes to parents of children from infancy through teens. They offer many different classes on topics such as positive discipline, child development and effective communication. Some workshops are one session, others may be held weekly. They also hold court ordered parenting classes. Classes are held in EAC's Ronkonkoma, Central Islip, Bay Shore and Hempstead offices. P:631737-1454; [Email: Kathryn.cannino@eacinc.org](mailto:Kathryn.cannino@eacinc.org)
Website: <http://www.eacinc.org/long-island-parenting-institute>
- **SMITHTOWN PARENT RESOURCE CENTER**
Offers a few different programs. They have court ordered parenting classes. The Parent Study Group is a group of six weekly classes for parents of children who wish to learn and talk about new ways of dealing with their family. They are designed around the needs of the parents in the group. Guiding Good Choices is an alcohol, tobacco and drug prevention program. The Incredible Years focuses on improving positive parenting skills. P: 631-360-7595; Website: www.smithtownny.gov/?nid=220

Healthy Families NY Home Visiting Program

- Offers home-based services to expectant families and new parents, beginning prenatally or shortly after the birth of the child. Participants are screened to identify risk factors and stressors that the family may face. Families who participate in the program are offered long-term in-home services until the child is in school or Head Start.
P: (631) 647-6635; <http://www.fsl-li.org>

Healthy Families New York Home Visiting ...

- Reaches out to isolated families.
- Is provided by trained, caring individuals from the community. Called Family Support Workers, the home visitors are specially trained to work with families in a positive, supportive manner, building on parents' strengths.
- Offers weekly visits until the baby is at least six months old, then less often as the family's stability increases.
- Promotes optimal child health, connecting families with medical providers for prenatal and well-baby visits and immunizations.
- Helps parents to develop strong, positive relationships with their children and to encourage optimal child development.
- Assesses children for developmental delays and makes referrals to the local Early Intervention Program if a delay is suspected.
- Works with parents to achieve family self-sufficiency, find solutions to everyday problems and establish connections with needed community resources.
- Is sponsored by public and private agencies located within the community being served.

Early Intervention Services

- SUFFOLK COUNTY HEALTH DEPARTMENT Division of Services for Children with Special Needs
A program for children from birth to 2 years and 10 months who have a disability or developmental delays
P: (631) 853-3100
F: (631) 853-2310
- NASSAU COUNTY HEALTH DEPARTMENT Division of Services for Children with Special Needs
A program for children from birth to 2 years and 10 months who have a disability or developmental delays
P: (516) 227-8661
F: (516) 227-8662
- ACHIEVE BEYOND
Provides pediatric therapy and educational services to children, students and families. Services include: Autism Services, Speech Language Therapy, Occupational Therapy, Physical Therapy, Special Education
P: (631) 385-7780
F: (631) 385-7795
- ACCENT ON CHILDREN, INC.
Provides speech and language, special education, physical therapy, occupational therapy, vision therapy, psychological therapy to children under 3 years of age with disabilities or developmental delays
P: (516) 921-5292
F: (516) 921-5273
- THERAPY CENTER FOR CHILDREN
A program for infants and toddlers under 3 years of age who have a disability or developmental delays. Services include speech pathology and audiology, occupational therapy, physical therapy, nursing services, nutrition services, social services, vision services among others. Also offers parent support groups to families of children that are found to be eligible for the Early Intervention Program. P: (631) 207-1053
F: (631) 337-4190
- ALL ABOUT KIDS
A program which offers services to children under age with a suspected or diagnosed developmental delay or disability.
P: (631) 439-6860
F: (631) 439-6861

Nutrition Resources (Obesity, Healthy Eating, Exercise)

- **FOOD ALLERGY CENTER**
Offers controlled “food challenges”, counseling, educational materials and family support
865 Northern Blvd, Great Neck, NY; P: 516-622-5070
- **F.E.A.S.T./FIRST BITES**
Offers education and training for families and children regarding nutrition, food tolerance, and food exploration
9 Smith’s lane, Commack, NY; P: 631-543-2338
www.thechildrenscenter-ucp.org
- **ONE POTATO TWO TOMATO**
Healthy lifestyle education center for children 5-19. Healthy cooking, fitness training, and self-esteem building.
9 Albertson Ave., Albertson, NY; P: 516-484-2234 or P: 516-286-5255
- **RITA K. BATHEJA, MS, RD, CDN**
Based on doctor’s referral and physical exam, weight loss goals are based on child’s needs
825 Van Buren St., Baldwin Harbor NY; P: 516-868-0605
- **CHILD DEVELOPMENT ASSOCIATES - BARBIE BROSCHE, MS, RD**
Specializes in overweight, obese, underweight, and fussy eaters. Treatment groups available.
173 Mineola Blvd, Suite 301B, Mineola, NY; P: 516739-1936
- **FIT KIDS FOR LIFE - DR. PETER MORELLI**
10 week exercise and nutrition program for children 8 to 18 University of Stony Brook Hospital; P: 631-444-KIDS (5437)
- **LIFE CENTER COUNSELING AND HEALTH SERVICES**
Nutritional counseling for children 5 and up, tailored nutritional plans
214 Wall Street, Huntington, NY; P: 631-673-5433
- **HEALTHY KIDS**
Group sessions that focus on nutritional guidance, physical exercise, and behavior modification. Groups are formatted in a 10-week series, with each weekly session lasting 2.5 hours.
Winthrop Hospital, Mineola, NY; P: 516-663-3919
<http://www.winthrop.org/departments/specialtycenters/weight-loss-wellness-center/healthy-kids-program.cfm>

Mental Health Resources

- **CATHOLIC CHARITIES MENTAL HEALTH CLINIC**
Psychiatrists, nurse practitioners, and social workers staff two Catholic Charities mental health outpatient clinics, in Bay Shore, and Medford. Services are provided to children, adolescents, adults, and seniors. Services include individual and group therapy, as well as prescribing and managing medications.
9 Fourth Ave.
Bay Shore, NY 11706
P: (631) 665-6707
- **FAMILY SERVICE LEAGUE**
Provides treatment for all aspects of psychological illness and emotional distress. Services include individual and group therapy.
The Iovino South Shore Family Center
1444 Fifth Ave., Bay Shore, NY 11706
P: (631) 647-3100
- **NEW HORIZONS LCSW, PC (Dr. Ana Carrion)**
Provides mental health counseling for children, adolescents, couples and families
14 Washington Ave., Suite 2, Brentwood, NY 11717
P: (631) 617-5300
- **THE PEDERSON-KRAG CENTER**
Provides mental health and chemical dependency treatment to adults, adolescents and children.
11 Route 111, Smithtown, NY 11787
P: (631) 920-8300
- **NEW HORIZON COUNSELING CENTER**
Offers Individual Psychotherapy for Children, Adolescents and Adults, Medication Evaluation, Medication Therapy. Management and Education, Therapy Sessions Involving Family Members and Significant Others, Psychiatric Evaluations P: (631) 656-9550
- **RODALIS PSYCHOTHERAPY & COUNSELING**
Provides individual and group counseling services to children, adolescents and adults.
269 West Main Street, Bay Shore, NY 11706
P: (631) 252-2820
- **SUNRISE COUNSELING CENTER**
Provides mental health counseling to adults, children and adolescents including, individual, couple, group and family therapy.
107 W. Main Street, East Islip, NY 11730
P: (631) 666-1615



DASH

CRISIS CARE FOR CHILDREN, ADULTS, AND FAMILIES

FSL's Diagnostic, Assessment, and Stabilization Hub (DASH) offers 24 hour, 7 day a week, year round crisis care at a community based site. The program is available to Suffolk residents who struggle with mental health and substance use disorders. Assessments, counseling, and care management intervention is available for children 5 years or older, adolescents, and adults.

The goal of crisis intervention is to provide quality care while reducing unnecessary use of emergency departments, inpatient care, and criminal justice services.

- **631-952-3333 HOTLINE** available 24/7/365
- DASH Team includes nurse practitioners in psychiatry, registered nurses, social workers, credentialed alcoholism and substance abuse counselors, and peer specialists
- Mobile Response Team (MRT) delivers crisis care to schools, businesses, homes, and other locations throughout the community
- Length of stay will be up to 24 hours
- Supportive and comfortable environment

Jessica Aquino, LCSW-R, DASH Program Director
jaquino@fsl-li.org or 934-223-6501

Patricia Ferrandino, LCSW-R, CASAC, Director of Clinic Operations
pferrandino@fsl-li.org or 631-998-0019

90 Adams Avenue, Hauppauge, New York 11788

Let FSL help you on your journey to a better life!



The Family Service League DASH program works in coordination with NYS Office of Mental Health, Division of Mental Hygiene, and NYS OASAS.

www.fsl-li.org



DASH



CUIDADO DE CRISIS PARA NIÑOS, ADULTOS Y FAMILIAS

DASH es el Centro de Diagnóstico, Evaluación y Estabilización de FSL ofreciendo atención de crisis las 24 horas, 7 días a la semana, durante todo el año en un sitio comunitario. El programa está disponible para los residentes del condado de Suffolk que luchan con la salud mental y los trastornos por uso de sustancias. Evaluaciones, asesoramiento y la intervención con administración de cuidados están disponibles para niños de 5 años o más, adolescentes y adultos. El objetivo de intervención de crisis es brindar atención de calidad, al tiempo que se reduce el uso innecesario de los servicios de emergencia, cuidado de pacientes hospitalizados y servicios de justicia penal.

- 631-952-3333 **LÍNEA DIRECTA** disponible 24/7/365
- El equipo de DASH incluye enfermeras practicantes en psiquiatría, enfermeras registradas, trabajadores sociales, consejeros acreditados en el tratamiento de alcoholismo y abuso de sustancias, y especialistas de pares
- MRT, el Equipo de Respuesta Móvil brinda atención de crisis a las escuelas, empresas, hogares y otros lugares en toda la comunidad
- La duración de la estancia será de hasta 24 horas
- Un ambiente de apoyo y cómodo

Jessica Aquino, LCSW-R, DASH Directora del Programa
jaquino@fsl-li.org or 631- 291-3300

Patricia Ferrandino, LCSW-R, CASAC, Directora de Operaciones Clínicas
pferrandino@fsl-li.org or 631-926-0734

90 Adams Avenue, Hauppauge, New York

Deja que FSL le ayude en su viaje a una vida mejor!



El programa DASH de Family Service League trabaja en coordinación con la Oficina de Salud Mental de NYS, División de Higiene Mental y NYS OASAS.

www.fsl-li.org



Breastfeeding Resources



If you might have trouble affording services, contact your local Women, Infants, and Children (WIC) office to determine eligibility. Visit www.fns.usda.gov/wic/women-infants-and-children-wic.

Local Counseling

Women, Infants and Children (WIC)

www.suffolkcountyny.gov/Departments/HealthServices/PatientCare/WICProgram.aspx

OR

https://medicine.stonybrookmedicine.edu/family_population_preventive_medicine/divisions/nutrition/wic

- Provides nutrition and breastfeeding support
- You do not need to use formula to get WIC benefits!
- Find your closest location at the above websites.

Allied Breastfeeding Support

www.alliedbreastfeeding.com 1-866-621-2769

lactationconsultant@alliedphysiciansgroup.com

- Information, free phone counseling, classes, home/office visits

Long Island Lactation Consultant Association

www.lilca.org

- Find a Lactation Consultant or local breastfeeding support group

Classes

Good Samaritan Hospital 631-376-4159

<https://goodsamaritan.chsl.org/perinatal-education>

- Monthly classes, see website to register
- Cost: \$30, fee reduced or waived if needed
- Free support group Wednesdays 1:00-2:30, call 631-376-3901 for more details

St. Catherine of Siena Medical Center (Smithtown)

631-862-3146

- Free classes on Tuesdays at 7pm
- Call 631-870-3444 to register
- Free support group Tuesdays 1:30-3:00, call for more details

Southside Hospital

631-968-3311

- Free classes monthly in evenings
- Call to register
- Free support group Tuesdays 1:30-3:30; call 631-894-5282 for more details

Stony Brook Hospital

631-444-2201

- Free classes on the first Wednesday of month, 7pm
- Call to register
- Free support group Mondays 6:30-8:00pm; call 631-444-7650 for more details

Phone Support

US Office of Women's Health 800-994-9662

- Free phone support available Mon-Fri, 9am-6pm EST
- English and Spanish

InfantRisk Center Helpline

806-352-2519

- Up-to-date information on using medications while breastfeeding
- English and Spanish

La Leche League USA

877-452-5324

- Free phone support available 24/7

Free Support Groups

La Leche League <https://www.llusa.org/>

- Local chapters in Babylon-Lindenhurst, Lake Ronkonkoma, and North Shore
- See website for more details

Wyandanch Baby Café 631-920-6844

www.communitynazchurch.org/babycafe

- Held at Community Nazarene Church: 58 Cumberbach St., Wyandanch, NY 11798
- Café is on Saturdays

Your Rights as a Breastfeeding Mother

- You have the right to breastfeed your child in any public or private location (NY Civil Rights Law 79-e).
- You have the right to pump breast milk at work (NY Labor Law Section 206-c).
- Look at the Breastfeeding Mother's Bill of Rights (www.health.ny.gov/publications/2028) or ask your healthcare provider for more information.

Breast Pumps

Under New York Insurance Law, insurers must cover maternity care including lactation support services such as counseling, education and training in breast-and bottle-feeding, and breastfeeding equipment such as pumps.

Call your insurance and ask how to get a breast pump. If they will not provide a pump, call the appropriate complaint line:

- Medicaid/NYS Managed Care: 1-800-206-8125
- Other insurances: 1-800-342-3736

BFREE

Funded **BFREE** by the New York State Department of Health, Cohen Children's Medical Center's Breastfeeding, Resiliency, Engagement, and Empowerment (BFREE) coalition supports mothers in reaching their breastfeeding goals.

Contact us at BFREE@northwell.edu with any questions or comments!

Online Resources

Kelly Mom

<https://kellymom.com/>

- Written by a breastfeeding mother and International Board-Certified Lactation Consultant (IBCLC) this website provides evidence-based information on breastfeeding and parenting.

The Office of Women's Health

<https://www.womenshealth.gov/breastfeeding/>

- The Office of Women's Health is part of the Department of Health and Human Services and provides breastfeeding information and resources, including sections specifically for mothers returning to work and African-American families.
- English/ Spanish

Feeding Your Baby

<http://www.feedingyourbaby.org/>

- Feeding Your Baby is a place for you to learn about infant nutrition. There are 6 units that match important stages in the baby's first 6 months of life. This useful information and nutrition advice will help you reach breastfeeding goals.
- English/Spanish

La Leche League International

<https://www.llli.org/>

- La Leche League International—their local chapters are listed under support groups, but their webpage also provides a lot of helpful information as well as mother-to-mother forums, FAQ-Answer pages, and podcasts.
- Multiple Languages

There are also many phone apps available that can help you keep track of feedings and pumping (Baby Nursing, Baby Connect, Feed Baby, Sprout Baby, etc.).

Recursos de la lactancia materna en Islip

* Indica que la organización ofrece los recursos gratis o a bajo precio. En el caso de que el costo esté fuera de su alcance, contacte al Programa de WIC y averigüe su elegibilidad para los servicios.

Grupos consejeros para la lactancia materna

Los programas de WIC del Departamento de Salud en el condado de Suffolk*

Sitio de WIC

- **HRHCare Centro de Salud Tri-Comunidad Maxine Postal** — Amityville, NY | 631-854-1033
- **HRHCare Centro de Salud Marilyn Shellabarger** — Shirley, NY | 631-852-1025
- **HRHCare Centro de Salud Elsie Owens** — Coram, NY | 631-854-2238
- **Centro de Salud Familiar Dolan** — Greenlawn, NY | 631-854-4438
- **HRHCare Centro de Salud Martin Luther King Jr.** — Wyandanch, NY | 631-854-1719
- **HRHCare Centro de Salud Familiar Brentwood** — Brentwood, NY | 631-853-3440
- **HRHCare Centro de Salud Patchogue** — Patchogue, NY | 631-854-1219

Allied Breastfeeding Support / Apoyo para la Lactancia Materna del Grupo de Medicos Aliados

- Información, línea de ayuda gratis, clases, visitas a domicilio u oficina
- Contacto: 1-866-621-2769, pulse 2, luego pulse 1 para visitas a la oficina de New Hyde Park, 2 para visitas a la oficina de Riverhead, y 3 para consejos por teléfono
- www.alliedbreastfeeding.com
- lactationconsultant@alliedphysiciansgroup.com

Long Island Lactation Consultant Association / La Asociación de Especialistas en Lactancia de Long Island

- Los contactos de especialistas, grupos de apoyo
- www.lilca.org

Long Island Doula Association / La Asociación de Comadronas de Long Island*

- Contacto: [631-574-2205](tel:631-574-2205) | info@lidoulas.com
- Servicios de comadronas, apoyo para la lactancia materna, y clases educativas sobre el parto
- La asociación también tiene un fondo para familias en crisis que ayuda a las personas con recursos limitados a acceder a estos servicios
- www.lidoulas.com

New York Lactation Consultants Association / La Asociación de Especialistas en Lactancia de Nueva York

- Encuentre una especialista en lactancia para visitas a domicilio/a la oficina, grupos de apoyo, clases prenatales
- Más detalles en el [sitio](#)

Clases educativas sobre la lactancia materna

Cornell University Cooperative Extension / La Cooperativa Extendida de la Universidad de Cornell*

- Se ofrecen clases en inglés y español como parte del currículo de nutrición. También hay muchas clases y oportunidades educativas para familias sobre la salud, la nutrición, y el ambiente local.
- <http://ccesuffolk.org/>
- Contacto: Victoria Guadron | yg43@cornell.edu | 631-824-6696

¿No podía obtener información? ¿Uno de los recursos no funcionó?

Contacto: BFREE@northwell.edu

Actualizado el 15 de septiembre de 2017

Recursos de la lactancia materna en Islip

Allied Breastfeeding Medicine / Medicina de la Lactancia Materna del Grupo de Médicos Aliados*

- Las clases se llevan a cabo en las oficinas de Peconic Pediatrics and Breastfeeding Medicine (la Pediatría Peconic y la Medicina de la Lactancia Materna), ofrecidas en un horario variable
- Contacto para más información: lactationconsultant@alliedphysiciansgroup.com | 631-722-8880
- Costo: Gratis

Hospitales y centros médicos locales

Hospital Good Samaritan (West Islip)*

- Contacto: 631-376-4159
- Clases cada mes, las fechas y horas cambian; visite [el sitio](#) para detalles y para inscribirse
- Costo: \$30, reducido o renunciado según la necesidad

La clase de lactancia materna en Stony Brook*

- Contacto: 631-444-2201, inscripción requerida
- Clases el primer miércoles de cada mes, 7:00PM
- Costo: Gratis

El Centro Médico St. Catherine de Siena (Smithtown)*

- Contacto: 631-862-3146
- Clases cada martes, 7:00PM
- Costo: Gratis
- Llame a 631-870-3444 para inscribirse

Hospital Southside (Bay Shore)*

- Contacto: 631-968-3311
- Clases cada mes por la noche, hay que inscribirse
- Costo: Gratis

Líneas de ayuda para la lactancia materna

Línea de ayuda de La Leche League de los EEUU

- Línea de ayuda para madres con preguntas relacionadas a la lactancia materna, 24 horas al día, 7 días a la semana
- 1-877-452-5324
- Inglés y español

Línea de ayuda Warmline

- Apoyo para la Lactancia Materna del Grupo de Médicos Aliados: Llame para consejos oportunos y referencias
- 1-866-621-2769, pulse 2 y luego 3 para hablar con una especialista en lactancia

Línea de ayuda nacional para la lactancia materna

- Línea de la US Office on Women's Health (la Oficina de la Salud de la Mujer de los EEUU), lunes a viernes, desde las 9:00AM hasta las 6:00PM
- 800-994-9662
- Inglés y español

¿No podía obtener información? ¿Uno de los recursos no funcionó?

Contacto: BFREE@northwell.edu

Actualizado el 15 de septiembre de 2017

Recursos de la lactancia materna en Islip

Línea de ayuda del Centro de los Riesgos Infantiles

- Proporciona información actualizada sobre el uso de medicamentos durante el embarazo y mientras amamanta
- 806-352-2519
- Inglés y español

Grupos de apoyo para la lactancia materna

La Leche League de Babylon-Lindenhurst

- Se ofrecen tres reuniones cada mes en Huntington, Babylon-Lindenhurst, y Farmingdale (reunión de bebés mayores)
- Visite el grupo de [Facebook](#) para más detalles

- Contacto: 631-470-5201, no es necesario inscribirse
- Huntington, NY
- Reuniones el segundo jueves desde las 11:00AM hasta la 1:00PM, el cuarto viernes desde la 1:00PM hasta las 3:00PM

La Leche League de Lake Ronkonkoma

- Reuniones el segundo lunes de cada mes desde las 10:00AM hasta las 11:30AM en varios lugares en Lake Ronkonkoma
- Visite el grupo de [Facebook](#) para más detalles o llame a 631-743-6455

Hospital Southside

- Contacto: Wendi Andria, RN, IBCIC
- Bayshore, NY | 631-894-5282
- Reuniones semanales los martes desde la 1:30PM hasta las 3:30PM
- No es necesario inscribirse

La Leche League de North Shore

- Reuniones el cuarto lunes de cada mes desde las 8:00PM hasta las 10:00PM en East Setauket
- Visite el grupo de [Facebook](#) para más detalles o email a northshorelecheleague@gmail.com

Hospital Stony Brook

- Setauket, NY | 631-444-7650
- Reuniones semanales los lunes desde las 6:30PM hasta las 8:00PM
- Visite el [sitio](#) o [Facebook](#) para más detalles

El Centro Médico St. Catherine de Siena

- Smithtown, NY | 631-862-3146
- Reuniones los martes desde la 1:30PM hasta las 3:00PM, llame para más información

Hospital Good Samaritan

- Café de la lactancia materna
- Contacto: El Centro Educativo Perinatal
- 661 Deer Park Avenue, Babylon, NY | 631-376-3901
- Reuniones semanales los jueves desde la 1:00PM hasta las 2:30PM, visite el [sitio](#) para más detalles

Hospital Huntington

Esta lista utiliza información del sitio de La Asociación de Especialistas en Lactancia de Long Island. Por favor consulte el [sitio](#) para noticias.

Referencias para la lactancia materna

La Coalición Perinatal de Suffolk

- Patchogue, NY

- 631-475-5400
- www.spcbabies.org

¿No podía obtener información? ¿Uno de los recursos no funcionó?

Contacto: BFREE@northwell.edu

Actualizado el 15 de septiembre de 2017

Recursos de la lactancia materna en Islip

- 631-853-3014

La Oficina Administrativa del Programa de WIC en el condado de Suffolk

Lista de especialistas en lactancia

Esta lista no es un endoso de ninguna individuo. La coalición BFREE simplemente ha contactado a cada una y confirmado su información y certificación.

Condado de Suffolk: Las especialistas en lactancia certificadas internacionalmente (IBCLC)

- Wendi Andria, RNC-OB, IBCLC
Islip, NY 631-707-6598
Lactancia privada
34 Commerce Drive, Suite 2
Riverhead, NY 11901
[631-722-8880](tel:631-722-8880)
www.peconicpediatrics.com
- Deborah Bouchard RN, IBCLC, RLC
[Grupo de Medicos Aliados](#)
Riverhead, NY 631-722-8880
Llámelas para visitas a la oficina (a veces aseguradas)
- Susan Silberger, BA, IBCLC, RLC
[Oak Leaf Lactation](#)
Nassau/Suffolk 516-650-1634
Visitas a domicilio/a la oficina, clases, se aceptan ciertos seguros
- Jennifer Giordano, MS, APRN, FNP, IBCLC
[Latch With Love, Inc.](#)
Setauket, NY 631-255-8234
rjenn72@optonline.net
Llámelas para: visitas a domicilio/a la oficina, alquiler de sacaleches, grupo de apoyo para depresión posparto
- Joan Benken, IBCLC
Oficina: 631-548-6290
Domicilio: 631-765-5619, rcjmb@aol.com
Llámelas para visitas a domicilio en Eastern Suffolk
- Danielle Joseph-McKay, ICCE, CCE, IBCLC
631-572-8916, Nassau y Suffolk
Vistas a domicilio, línea de ayuda gratis
- Christine Pfundstein, RN, CCE, IBCLC
Suffolk 516-521-2038 o email a childbirthRN@verizon.net Vistas a domicilio, clases de parto y de RCP
www.childbirthRN.com
- Jeanne Rosser, IBCLC
Amityville, NY 516-449-8776
Nassau/Suffolk
[Especialistas en lactancia de West Suffolk, Grupos de Medicos Aliados](#)
Llámelas para visitas a domicilio/a la oficina (seguro aceptado)
lactationconsultant@alliedphysiciansgroup.com
- Jennifer Shaer MD, IBCLC, FABM
Lisa Visentin MD, IBCLC
Pediatria Peconic y la Medicina de la Lactancia Materna
Grupo de Medicos Aliados

Esta lista utiliza información del sitio de **La Asociación de Especialistas en Lactancia de Long Island**. Por favor consulte el [sitio](#) para noticias.

¿No podía obtener información? ¿Uno de los recursos no funcionó?

Contacto: BFREE@northwell.edu

Actualizado el 15 de septiembre de 2017

Recursos de la lactancia materna en Islip

Alquiler de sacaleches

llame al número del teléfono en el reverso de su tarjeta de seguro para averiguar cómo se puede obtener un sacaleche. El Affordable Care Act (la ley de protección al paciente y de cuidado de salud a bajo precio) manda que todos los seguros brinden a las familias un sacaleche.

Los hospitales y otros proveedores de servicios médicos, incluso muchos de los mencionados arriba, tienen acceso a sacaleches para alquilar. Pídale información o visite los siguientes sitios:

Sacaleches de Medela

- Escoja el seguro (por ejemplo “NYS Medicaid”) y “New York” para ver opciones

Sacaleches de Ameda

- El sitio proporciona información y también le permite buscar las tiendas que venden sacaleches

[Better Living Now](#) y [Hampton Homecare](#) también ofrecen estas marcas de sacaleche con la opción de utilizar el seguro médico.

Bancos de leche materna

Long Island tiene bancos de leche materna donde las madres pueden donar o recibir la leche materna. Visite el [sitio](#) del New York Milk Bank (el Banco de Leche Materna de Nueva York), o llame a un depósito en Long Island para más información:

Macaluso Medical

1575 Hillside Avenue
New Hyde Park, NY 11040
[516-498-2300](tel:516-498-2300)

Peconic Pediatrics and Breastfeeding Medicine

34 Commerce Drive, Suite 2
Riverhead, NY 11901
[631.722.8880](tel:631.722.8880)



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